

July 2023

Dear Goudie Family,

Thank you for your continued support and dedication to raising awareness and supporting our Pediatric Diabetes Community and Clinic, without you we would not be able to provide the support our patient, families and community require.

Our clinic continues to grow and over the Pandemic we saw an unprecedented increase in new diagnosis and families transferring to our clinic, nationally diagnosis increased by 5.4%. Due to the increase demands RVH has increased RN and RD support in our clinic to support the complexity of this patient population and due to the surge I wanted to give you a quick overview of some key data from the last decade which illustrates the growing need for pediatric diabetes patients.

- In 2010/11, our caseload was 111 patients, inclusive of Type One Diabetes, Type Two Diabetes, Monogenic Diabetes and Pre-Diabetic patients. Today our caseload is 205 patients.
- In 2010/11, our patient contact with a Registered Nurse was 564. Today it is 1805.
- In 2011, there were 44 patients on an insulin pump. Today, there are 131 on insulin pumps.
- In 2016, there were 7 patients on a continuous/flash glucose monitor. Today, there are approximately 75-80 % (approximately 150)

Funds raised from Tour De T1D this year are currently being used to:

- Four open skate events for our patients and families
- Two sold out Cineplex events with two more planned
- A transition night to support Grade 8 students transitioning into high school
- A parents support/education night
- A world diabetes event

In the future, funds will meaningfully impact patient care because:

- We will be able to continue providing group events for patients and families, supports for new diagnoses via care kits and support for transitional aged youth with graduating packages
- Future funds long term will allow our clinic to continue to grow to meet the ever-changing needs of our diabetes community and address the complex needs of our patients and their families.

As RVH and our community continues to grow, our patient load and complexity does with it and the need to support these patients and their families has become more crucial than ever before. The team and I wish to extend our heartfelt gratitude and thanks to the entire Goudie family and T1D1 for helping us do this important work!

Regards,
Laura Hurst
Manager, Child and Youth Ambulatory Care, RVH